

# A VETERAN'S WORST WOUNDS MAY BE THE ONES YOU CAN'T SEE.



More military deaths by suicide than in combat in

2012



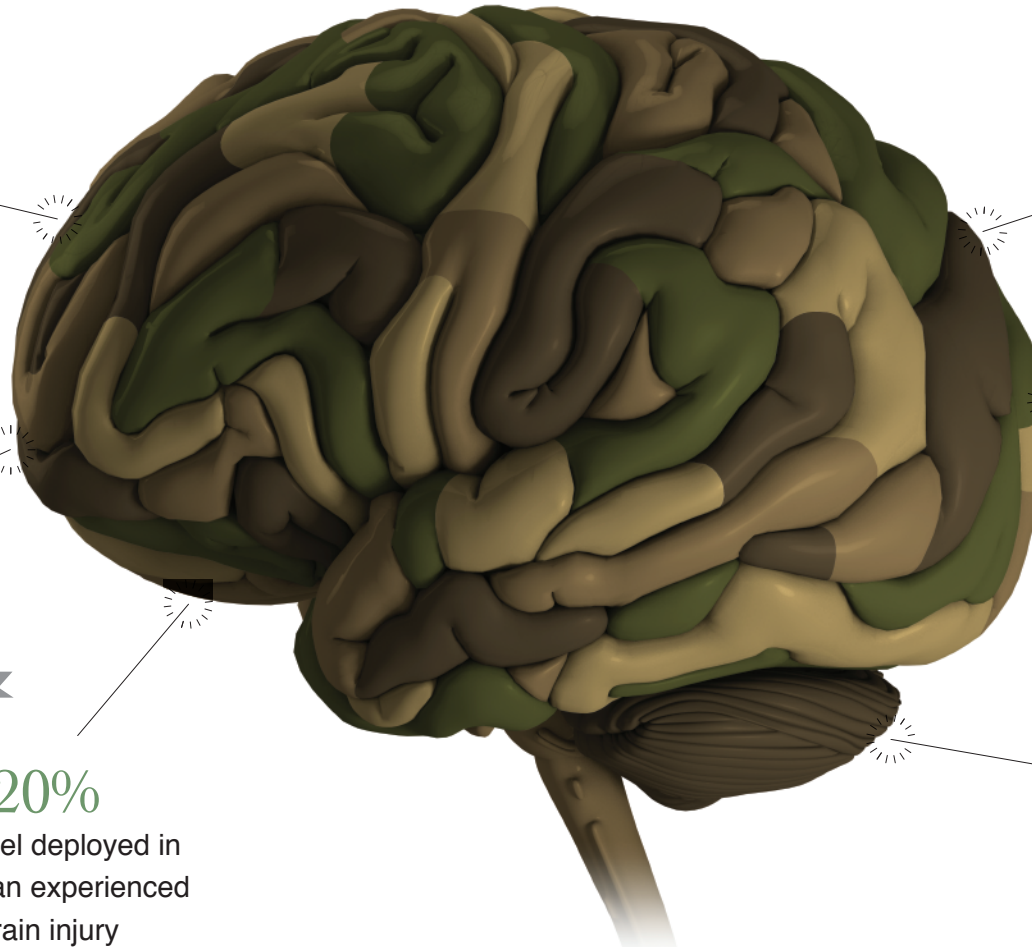
Military suicides are at their highest rate in

10 years



8% to 20%

of military personnel deployed in Iraq and Afghanistan experienced a traumatic brain injury



20%

of national suicides are completed by veterans



300,000

veterans of the wars in Iraq and Afghanistan have been diagnosed with PTSD



Traumatic brain injuries can increase suicidal thoughts and behavior

Recognizing mental illness is the first step toward recovery. Show returning soldiers that seeking help is a sign of strength. Learn more at [psychiatry.org/mentalhealth](http://psychiatry.org/mentalhealth)

